



# Cochrane Care Home

Quarrelton Road, Johnstone PA5 8NH



Managed by **anavogroup**

**Admissions & home enquiries: 01505 327888**

# About Cochrane Care Home

## What we do:

- ◆ Nursing care
- ◆ Dementia care
- ◆ Respite care
- ◆ Palliative care

The care home has a particular expertise in assisting residents with specific medical needs, with a team of highly skilled registered nurses.



“

“Brilliant!  
Happy with all the care  
my wife has had up to  
now.”



## Where is the home located?

Cochrane Care Home, nestling next to its sister home, Ranfurly, enjoys a pleasant position in the leafy suburbs of Johnstone, with much of the home overlooking parkland.

The grounds and gardens are tranquil and well-maintained, allowing residents to enjoy the benefits of being outside safely and comfortably.

## What can you expect whilst living in Cochrane Care Home?

It's our responsibility to make you feel safe, cared for and at home. We will create a care plan that suits your individual needs and make sure you'll be able to enjoy a friendly, relaxed atmosphere with the peace of mind that comes from knowing we're here to look after you 24 hours a day.

We'll enable you to live a life as full as you're able, with our support. We place a high emphasis on the quality of our nursing care. We believe this makes our homes stand out from others you might have chosen.

We are registered and regulated by the Care Inspectorate.



### **Moira Roberts – Home Manager**

The home is led by an experienced, qualified nurse Moira Roberts.

Moira says:

“Having worked in many aspects of care and nursing over many years I have a good understanding of background and reasons why people may require to be welcomed into 24 hour care. I can honestly say that Cochrane Care Home has a remarkable and passionate team who treat everyone as family making the home a lovely place to stay, work and visit.”

“The staff manage mum’s needs with care and professionalism. We were delighted at how quickly mum settled into care – the staff played a large part in that. They are always available to speak to us if we have any concerns.”

## **Our caring team**

Our highly trained and qualified team of nurses and carers are on hand 24 hours a day, every day of the year.

Our approach is truly centred on you. Whatever the support you need, we’ll work with you and your family to make sure you are cared for and comfortable, giving everyone peace of mind.

We provide care that maintains dignity and self-respect. For those with dementia, we encourage gentle activity and help stimulate memories that provide comfort and contentment.

We work together with our residents and their loved ones as a team, which makes for a happy atmosphere – and a place where people enjoy living.

## **Be the best you can be**

Our approach to care promotes independence and enablement.

As care professionals, we see it as our job to help you feel like yourself and achieve the things you want to. Even if it’s just the little things such as getting up when you want to or preparing your own breakfast.



## What is the environment like in the home?

A modern purpose-built home with 65 bedrooms, all with ensuite facilities. There are a number of comfortable lounges and dining rooms, all of which are well-appointed and offer the opportunity for residents to socialise with ease.

## Our rooms

We try to make our rooms as homely as we can and where possible encourage residents to bring some personal items to remind them of home. Our rooms have ensuite facilities and a nurse call system.





## Activities

Our teams listen to the needs of each resident to ensure that they are always content and comfortable. Our activities coordinator organises a weekly schedule of pastimes and entertainment to keep life fun and engaging for everyone.

Simple pleasures, such as reading the morning newspaper or going for a walk in our beautiful grounds, can be just as important for residents. Whether you enjoy flower arranging, painting or a game of cards there is always something to do and somewhere to socialise.

We encourage participation in a range of daily activities, while remaining respectful and reflective of the overall wellbeing and interests of each person living with us.

We look forward to resuming the many activities our residents enjoyed before Covid-19.

Cochrane has a good relationship with the local Church, schools, nurseries and now a 'baby to pre-nursery age' group whose members visit the home regularly. The garden areas provide peace and quiet for residents and their families to enjoy. Staff frequently organise shopping trips and excursions for residents in the company minibus.

The team are always looking to add new, meaningful activities into the monthly schedule. Recently, residents embarked on a language course which had them participating in weekly lessons. The classes were so popular that some have asked to continue learning during their one-to-one sessions.

## Food

We take it to heart that good food can be a highlight of the day. Our chef takes great pride in creating enjoyable and nutritionally balanced meals. We make sure we understand your food preferences and, where required, provide assistance with eating.

We provide three meals a day, with snacks in between and we do everything we can to cater for individual likes and tastes.

There's always a choice on the menu.

We maintain good levels of hydration and nutrition, particularly amongst our residents with memory loss.



"I cannot thank Cochrane House enough for the way they have cared for my mum. Especially during this terrible pandemic. She is coping really well not seeing family just now and it is all down to the care she receives. Thank you from the bottom of my heart."

**Daughter of a resident**



Call us today and speak to our friendly team to find out more Cochrane Care Home, and what to look out for when choosing a home for you or your loved one.

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