



# Spiers Care Home

6 Janefield Place, Beith, North Ayrshire KA15 2BS



Managed by **anavogroup**

**Admissions & home enquiries: 01505 503324**

# About Spiers Care Home

## What we do:

- ◆ Nursing care
- ◆ Dementia care
- ◆ Respite care
- ◆ Palliative care

The care home has a particular expertise in assisting residents with specific medical needs, with a team of highly skilled registered nurses.



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“I can't thank the staff enough for what they do for my wife and I am very grateful for this.”



## Where is the home located?

Spiers Care Home is set in the heart of Beith, only a short walk from public parkland and surrounded by community venues and local amenities.

## What can you expect whilst living in Spiers Care Home?

It's our responsibility to make you feel safe, cared for and at home. We will create a care plan that suits your individual needs and make sure you'll be able to enjoy a friendly, relaxed atmosphere with the peace of mind that comes from knowing we're here to look after you 24 hours a day.

We'll enable you to live a life as full as you're able, with our support. We place a high emphasis on the quality of our nursing care. We believe this makes our homes stand out from others you might have chosen.

We are registered and regulated by the Care Inspectorate.



### **Alison Ravandi – Home Manager**

The home is led by an experienced, qualified nurse Alison Ravandi, who has been working in the care sector for the past 35 years.

Alison says:

“The best thing about Spiers is the community spirit. Spiers is right in the heart of the community and everyone in Beith and the surrounding area knows exactly where we are. The support we get for our fund-raising is second to none with donations, and people coming along to participate in our events.”

We are proud that we consistently receive great feedback from our residents and their families on [carehome.co.uk](https://carehome.co.uk) and have been recognised as a Top 20 care home in Scotland.

## **Our caring team**

Our highly trained and qualified team of nurses and carers are on hand 24 hours a day, every day of the year.

Our approach is truly centred on you. Whatever the support you need, we'll work with you and your family to make sure you are cared for and comfortable, giving everyone peace of mind.

We provide care that maintains dignity and self-respect. For those with dementia, we encourage gentle activity and help stimulate memories that provide comfort and contentment.

We work together with our residents and their loved ones as a team, which makes for a happy atmosphere – and a place where people enjoy living.

## **Be the best you can be**

Our approach to care promotes independence and enablement.

As care professionals, we see it as our job to help you feel like yourself and achieve the things you want to. Even if it's just the little things such as getting up when you want to or preparing your own breakfast.



## What is the environment like in the home?

A warm and homely place to live and all the facilities you need to enjoy life to the full.

Spiers Care Home is a modern purpose-built property with 44 private rooms. It was carefully designed with the wellbeing of our residents in mind. Spiers Care Home offers the best of all worlds.

All rooms have en-suite WC, or full en-suite facilities. There are a number of comfortable lounges and dining rooms, all of which are well-appointed and offer the opportunity for residents to socialise with ease.

The home benefits from landscaped grounds including patios and courtyard spaces so that residents can enjoy sheltered outdoor areas.

## Our rooms

We try to make our rooms as homely as we can and where possible encourage residents to bring some personal items to remind them of home. Our rooms have en-suite facilities and a nurse call system.

We also offer a TV point in each bedroom, WiFi is available and there is the option to install Sky TV and your own phone line (these last two are at your own cost).





## Activities

Our teams listen to the needs of each resident to ensure that they are always content and comfortable. Our activities coordinator organises a weekly schedule of pastimes and entertainment to keep life fun and engaging for everyone.

We look forward to resuming the many activities our residents enjoyed before Covid-19, where musicians and even therapy ponies entertained us. Residents were often joined by the local Brownies and welcomed students from nearby schools who volunteer at the home as part of their Duke of Edinburgh Award scheme and also visits from the local primary school.

Simple pleasures, such as reading the morning newspaper or going for a walk in our beautiful grounds, can be just as important for residents. Whether you enjoy flower arranging, painting or a game of cards there is always something to do and somewhere to socialise.

We encourage participation in a range of daily activities, while remaining respectful and reflective of the overall wellbeing and interests of each person living with us.

## Food

We take it to heart that good food can be a highlight of the day. Our chef takes great pride in creating enjoyable and nutritionally balanced meals. We make sure we understand your food preferences and, where required, provide assistance with eating.

We provide three meals a day, with snacks in between and we do everything we can to cater for individual likes and tastes.

There's always a choice on the menu.

We maintain good levels of hydration and nutrition, particularly amongst our residents with memory loss.



“Throughout Covid, the staff have sacrificed so much personally to keep the residents safe. I am so glad that I found Spiers for Mum - it's difficult putting a family member in a care home, but I honestly couldn't ask for a better place. I have peace of mind knowing she is in Spiers.”

**Shelley K (Daughter of Resident)**



Call us today and speak to our friendly team to find out more about Spiers Care Home, and what to look out for when choosing a home for you or your loved one.

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