

Managed by **anavo**group

Admissions & home enquiries: 01475 705800

# **About Newark Care Home**

#### What we do

- Nursing care
- Dementia care

- Respite care
- ◆ Palliative care

The care home has a particular expertise in assisting residents with specific medical needs, with a team of highly skilled registered nurses.





### Where is the home located?

Newark Care Home is set in the suburbs of Port Glasgow and is easily reached from the surrounding areas of Greenock, Bishopton, Erksine, Paisley and the Western suburbs of Glasgow.

### What can you expect whilst living in Newark Care Home?

It's our responsibility to make you feel safe, cared for, and at home. We will create a care plan that suits your individual needs, and where you will also be able to enjoy a friendly, relaxed atmosphere with peace of mind knowing we're here to care for you 24 hours a day.

We'll enable you to live a life as full as you're able, with our support. We place a high emphasis on the quality of our nursing care, and we believe this makes our homes stand out from others you might experience.

We are registered and regulated by the Care Inspectorate.







## **Eileen Welch – Home Manager**

Eileen has 25 years' experience in care home management involving group portfolios.

Eileen says:

"What matters the most to me and my team is achieving positive outcomes and quality of life for those in our care."

As a result of advancing Alzheimer's disease, my father's care needs could no longer be met at home. He has always hoped not to go to a care home. As a family, this was a difficult decision to make. Much to our relief, he feels 'at home' in Newark. As a nurse myself, I am in no doubt this is due to the support we have all been given by the management and staff to support our transition. The level of care and compassion we have experienced have been tangible. Excellent!

**Anna F (Daughter of Resident)** 

### **Our caring team**

Our highly trained and qualified team of nurses and carers are on hand 24 hours a day, every day of the year.

Our approach is truly centred on you. Whatever the support you need, we'll work with you and your family to make sure you are cared for and comfortable – giving you peace of mind.

We provide care that maintains dignity and self-respect. For those with Dementia we encourage gentle activity and help stimulate memories that provide comfort and contentment.

We work together with our residents and their loved ones as a team, which makes for a happy atmosphere – and a place where people enjoy living.

### Be the best you can be

Our approach to care promotes independence and enablement.

As care professionals, we see it as our job to help you feel like yourself and achieve the things you want to. Even if it's just the little things such as getting up when you want or preparing your own breakfast.



### What is the environment like in the home?

Newark Care is a 61 bedded care home, all with en-suite facilities. It is split into four units so nowhere appears too large. The care home is fortunate to have a large and gorgeous garden.

The home is custom designed and built to meet the needs of older people, with large comfortable lounge areas to relax in and to socialise with others with ease.

All surroundings are of high quality and there are outdoor areas and gardens to take in the fresh air and enjoy the seasons.

#### **Our rooms**

We try to make our rooms as homely as we can, and where possible encourage residents to bring some personal items to remind them of home. Our rooms have ensuite facilities and a nurse call system.





#### **Activities**

Our teams listen to the needs of each resident to ensure that they always content and comfortable. Our team of activities coordinator organises a weekly schedule of pastimes and entertainment to keep life fun and engaging for our residents.

Newark is a huge part of the local community.

We look forward to resuming the many activities our residents enjoyed before Covid-19. Residents regularly visited nearby homes for tea and we returned the favour. We enjoyed seeing shows at the Beacon Arts Centre, and welcomed guests from local schools, churches and nurseries.

Newark was also the pilot care home for Morton in the Community. Young people from this group visited Newark weekly to play bowls, Pictionary, walking football and also to reminisce and socialise. Thanks to the success of the pilot, Morton in the Community was allocated funding to continue their work across the local authority.

Simple pleasures, such as reading the morning newspaper or going for a walk, can be just as important for residents. Whether you enjoy flower arranging, painting, or a game of cards there is always something to do and somewhere to socialise.

We encourage participation in a range of daily activities while remaining respectful and reflective of the overall wellbeing and interests of each person living with us.

### Food

We take it to heart that good food can be a highlight of the day. Our Chef take great pride in creating enjoyable and nutritionally balanced meals. We take time to understand your food preferences, and where required provide assistance with eating.

There's always a choice on the menu.

We provide three meals a day, with snacks in between, and do everything we can to cater for individual likes and tastes.

We maintain good levels of hydration and nutrition, particularly amongst our residents with memory loss.



"I find the staff very approachable to talk to about things.

I know my mother is safe and protected by staff in the care home. The staff know my mother's likes and dislikes and respect these. The staff treat my mother with the utmost dignity and respect. The staff keep me updated with all aspects of Mum's ongoing care."

**Jeanette G Daughter of Resident (published on 21 February 2020)** 

Call us today and speak to our friendly team to find out more about Newark Care Home, and what to look out for when choosing a home for you or your loved one.

## **Admissions & home enquiries:**

01475 705800 www.anavogroup.com

Newark Care Home Southfield Avenue. Port Glasgow PA14 6PS

