



Burnside Care Home

Borrowmuirhills, Laurencekirk AB30 1HW



Managed by **anavogroup**

Admissions & home enquiries: 01561 377400

About Burnside Care Home

What we do:

- ◆ Nursing care
- ◆ Dementia care
- ◆ Respite care
- ◆ Palliative care

The care home has a particular expertise in assisting residents with specific medical needs, with a team of highly skilled registered nurses.





Where is the home located?

Burnside Care Home is set in a semi-rural location in the pleasant town of Laurencekirk. Our residents thrive in its lovely setting with many wonderful views out to open countryside and rolling landscapes.

What can you expect whilst living in Burnside Care Home?

It's our responsibility to make you feel safe, cared for and at home. We will create a care plan that suits your individual needs and make sure you'll be able to enjoy a friendly, relaxed atmosphere with the peace of mind that comes from knowing we're here to look after you 24 hours a day.

We'll enable you to live a life as full as you're able, with our support. We place a high emphasis on the quality of our nursing care. We believe this makes our homes stand out from others you might have chosen.

We are registered and regulated by the Care Inspectorate.



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Marion Gordon – Home Manager

The home is led by Marion Gordon, who has been working in the care sector for the past 30 years.



“Today I managed to get into his room to see him after a Covid-19 screen. It was amazing to just sit with him and see him in person again. I have to give credit to the amazing staff who have had quite a journey to reassure residents and their families and to keep in touch regarding health issues. They are responsive to our enquires on how Dad is and I appreciate that they print and deliver my weekly letters to Dad. It is very challenging for all care homes at the moment but a big well done and thank you to Burnside staff for their efforts.”

Heather W (Daughter of Resident)

Our caring team

Our highly trained and qualified team of nurses and carers are on hand 24 hours a day, every day of the year.

Our approach is truly centred on you. Whatever support you need, we'll work with you and your family to make sure you are cared for and comfortable, giving everyone peace of mind.

We provide care that maintains dignity and self-respect. For those with dementia, we encourage gentle activity and help stimulate memories that provide comfort and contentment.

We work together with our residents and their loved ones as a team, which makes for a happy atmosphere – and a place where people enjoy living.

Be the best you can be

Our approach to care promotes independence and enablement.

As care professionals, we see it as our job to help you feel like yourself and achieve the things you want to. Even if it's just the little things such as getting up when you want to or preparing your own breakfast.



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What is the environment like in the home?

Burnside is situated perfectly in a country town overlooking hills and fields and is blessed with a lovely well-maintained garden and a homely environment for residents.

With 57 private rooms, all with en-suite facilities, the home is designed with the needs of older people in mind, with homely lounge areas to relax in and comfortably socialise with others, as well as plenty of natural light. Our home offers the best of all worlds.

Our rooms

We try to make our rooms as homely as we can and where possible encourage residents to bring some personal items to remind them of home. Our rooms have en-suite facilities and a nurse call system.

We also offer a TV point in each bedroom, WiFi is available and there is the option to install Sky TV and your own phone line (these last two are at your own cost).





Activities

Our teams listen to the needs of each resident to ensure that they are always content and comfortable. Our activities coordinator organises a weekly schedule of pastimes and entertainment to keep life fun and engaging for everyone.

We look forward to resuming the many activities our residents enjoyed before Covid-19. Burnside has a fantastic sense of community and has established links with local cafes, health groups and even the local nursery.

We have recently incorporated morning yoga classes into the activity schedule. The early sessions have proved popular and have already had a marked improvement in the wellbeing in some of our residents.

Simple pleasures, such as reading the morning newspaper or going for a walk in our beautiful grounds, can be just as important for residents. Whether you enjoy flower arranging, painting or a game of cards there is always something to do and somewhere to socialise.

We encourage participation in a range of daily activities, while remaining respectful and reflective of the overall wellbeing and interests of each person living with us.

Food

We take it to heart that good food can be a highlight of the day. Our chef takes great pride in creating enjoyable and nutritionally balanced meals. We make sure we understand your food preferences and, where required, provide assistance with eating.

We provide three meals a day, with snacks in between and we do everything we can to cater for individual likes and tastes.

There's always a choice on the menu.

We maintain good levels of hydration and nutrition, particularly amongst our residents with memory loss.



“The manager and staff made Mum very welcome and we immediately felt that she was in safe hands, despite Covid restrictions. The communication from the nursing staff and carers was helpful since restrictions meant we were unable to visit. We would recommend this care home to anyone who may be at that stage, where a nursing home decision is imminent.”

Julia (Daughter of Resident)

Call us today and speak to our friendly team to find out more about Burnside Care Home, and what to look out for when choosing a home for you or your loved one.

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www.anavogroup.com

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