

Nutrition

Dining, and so much more

Food, of course, is such an important part of our residents' lives – not only from a nutritional sense, but socially too. Mealtimes are a chance for our residents to forge meaningful relationships over a good meal.

We have a team of talented professional chefs in every home, creating delicious food suited to each individual's requirements. Our teams create varied menus utilising fresh ingredients, while constantly remaining flexible to our residents' needs and tastes.

Residents can have the freedom to eat what they like in the environment that suits them the most, from our dining areas and bistro cafes, to our community dining rooms complete with kitchenettes, so there's plenty of choice every day.

[View sample menu](#)





Monday

Lunch

Starter

Soup of the day
Chicken liver pate

Main course

Beef Hotpot
Cumberland Sausages

Dessert

Sticky toffee pudding
Rice Pudding



Alexandra Mill

an **anavo*** care home